

Purpose & Goals

In 2008, Craig Brester stepped in for the training Olympian Brad Vering as the featured instructor of the Brad Vering Wrestling Camp. Since then, former Howells athletes have brought along with them UNL teammates Jordan Burroughs, Brandon Brown, Austin Baier, Levi Wolford, Josh Ihnen, Paul Gomez, and coaches Mark Manning, Jason Powell, & Rob Sanders among others for more than a decade of outstanding camps. This year, Craig returns with 4x undefeated NE state champion Eric Coufal in headlining the 2015 Husker Wrestling Camp.

This camp is designed for wrestlers of various ages & skill levels. Wrestlers will be divided into small groups to receive personalized instruction. Individuals will receive the attention necessary to help develop & enhance their wrestling skills & positioning. Camp will focus on individual strategy, drilling, & technique from each position as well as incorporating live wrestling, match situations, & a takedown tournament.

Ultimately, the Husker Wrestling Camp is for individuals who have the desire & dedication to become better wrestlers. With the right combination of positions, drills, & techniques you will be able to score from any position on the way to reaching your goals.



Mail Entries to:
Husker Wrestling Camp
co Brian Jones
218 N. 5th St.
Howells, NE 68641
Questions?
Phone: 402-986-0900
Cell: 402-380-0730
Email: bjones@hdcjags.org

HUSKER WRESTLING CAMP 2015



May 29th-30th
Howells Gym
418 May St Howells, NE 68641



CRAIG BRESTER

2010 UNL STUDENT ATHLETE OF THE YEAR

2-TIME NCAA D1 RUNNER-UP

3-TIME NCAA ALL-AMERICAN

FORMER UNL ASSISTANT COACH

ERIC COUFAL

CURRENT UNL WRESTLER

UNDEFEATED HS CAREER 168-0

4X INDIVIDUAL STATE CHAMPION

Release & Medical Authorization

I, hereby assume all risk of camp activity (including property loss or damage, personal injury and death) that may result from any camp activity from and against liability, including claims and suits at law or in equity, for injury or fatal or otherwise, and property loss or damage which may result from any negligence and/or the student taking part in camp activities. In the event of injury or illness, I give my consent for medical treatment, and permission to camp personnel to supervise or perform on-site first aid for minor injuries and to a licensed physician to hospitalize and secure proper treatment. I authorize the disclosure of medical information to my insurance company for the purpose of any claim. I understand that I am responsible for any medical or other charges related to the athlete's attendance at the Husker Wrestling Camp.

Camp Cost & Sessions

Camp is prorated for single day attendance. The schedule for both the 29th & 30th are as follows.

Grades 1st – 6th

\$40 Pre-registered - \$45 at the Door

-or- \$25 per day

Check in: 8:00-8:30 am

Instruction: 8:30-11:00 am

Grades 7th – 12th

\$60 Pre-registered - \$65 at the Door

-or- \$35 per day

Check in: 8:00-8:30 am

Session I: 8:30-11:00 am

Session II: 12:00-3:00 pm

Lunch will be provided both days.

*Experienced 5th & 6th graders may attend both sessions at the discretion of the camp director.

*Pre-registration is due by May 15th, 2015

*No refunds will be made except under extreme circumstances.

*Camp fee covers instructors, facility rental, meals, & camp T-shirt.

*In order to have correct T-shirt # & sizes, please have your form returned no later than May 15th!

2015 Camp Registration

Name: _____

Address: _____

City: _____ State: _____

E-mail: _____

Grade (Fall 2014): _____

T-shirt size: (circle) Youth S M L Adult S M L
XL XXL

Date(s) Attending: _____

Amount Enclosed: _____

Parent Names: _____

Day Phone: _____

Emergency Contact: _____

Contact #: _____

Please list any serious medical conditions (i.e. Diabetes, Asthma, Epilepsy, Allergies, etc.)

Please read the Release & Medical Authorization before signing this form.

Signature of Parent/Legal Guardian: _____

*Pre-registration due May 15th, 2015

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