

Howells-Dodge Consolidated Schools

September Menu 2022

Breakfast

- 1) Breakfast Sandwich
- 2) Yogurt Parfait

Lunch

- Ham & Mac Casserole Baked Beans
Grilled Chicken Sandwich w/Fries

5) NO SCHOOL

- 6) Tornados
- 7) Cereal & Toast
- 8) Turnover
- 9) Eggs/Meat & Tri Tater

LABOR DAY

LATE START

- Swedish Meatballs over Noodles
McRib w/Fries
Teriyaki or Orange Chicken w/Rice
Corn Dog w/Fries

- 12) Breakfast Bites
- 13) Apple Bosco
- 14) Breakfast Burrito
- 15) Muffins
- 16) Bagel

- Spaghetti
Calzones
Turkey Sandwich w/Fries
Burrito, Chips & Nacho Cheese
Chicken Wrap w/Fries

- 19) Churro
- 20) Danish
- 21) French Toast & Meat
- 22) Donut
- 23) Breakfast Sandwich

- Salisbury Steak & Baked Spuds
Hot Ham & Cheese w/Fries
Taco Bar
Chicken & Rice Casserole
Pizza

- 26) Poptart
- 27) Biscuit & Gravy
- 28) Pretzel w/Cheese
- 29) Taco Go Egg & Toast
- 30) Cinnamon Roll

- Beef & Gravy over Rice or Noodles
Sub Sandwich w/Fries
Potato Bowl
Pork Sandwich, Chips & Beans
Cheeseburger w/Fries

**Menu subject to change

**Food bar & Milk available with the Lunch Meal

**Fruit, Milk & Juice available with Breakfast Meal

**This institution is an equal opportunity provider