

# Howells-Dodge Consolidated Schools

## September Menu 2023

### **Breakfast**

1) Donut

4) **NO SCHOOL**

5) Breakfast Bites

6) Pretzel w/Cheese

7) Breakfast Sandwich

8) Danish

11) Breakfast Pizza

12) Muffin

13) Bagel

14) Poptart

15) Churros

18) Scrambled Eggs & Meat

19) Breakfast Sandwich

20) Cereal & Toast

21) Cinnamon Roll

22) Biscuits & Gravy

25) Tornadoes

26) Omelet & Tri-Tater

27) Yogurt Parfait

28) Apple Fritter

29) French Toast

### **Lunch**

Hot Roast Beef Sandwich w/Fries

 **LABOR DAY** 

Chicken & Rice Casserole

Taco Bar

Chicken Sandwich w/Fries

Spaghetti

Calzone

Chicken Wrap w/Fries

Fiestada Pizza

Swedish Meatballs w/Noodles

Hotdog, Chips & Baked Beans

Chicken Alfredo

Cheeseburger w/Fries

Chicken Nugget, Mac & Cheese & Beans

Sausage & Scalloped Potato Casserole

McRib w/Fries

Beef & Gravy w/ Rice **OR** Noodles

Pulled Pork Sandwich w/Fries

Breaded Beef & some kind of Potato 😊

Turkey Sandwich w/Fries

Corn Dog, Chips & Baked Beans

**LATE START**

**\*\*Menu subject to change**

**\*\*Food bar & milk available with the lunch meal**

**\*\*Fruit, Milk & Juice available with breakfast meal**

**\*\*This institution is an equal opportunity provider**