

# Howells-Dodge Track & Field School Records

BOYS				GIRLS		
Name	Time/Distance	Year	EVENT	Name	Time/Distance	Year
Jesse Faltys	21.6.25"	2014	<b>Long Jump</b>	Elizabeth Sindelar	16'11"	2014
Jesse Faltys	43'4.5"	2014	<b>Triple Jump</b>	KC Heimann	34'6"	2013
Tyler Brichacek	5'10"	2016	<b>High Jump</b>	Tessa Brester	4'11"	2017
Nathan Bazata	61'5.5"	2013	<b>Shot Put</b>	Abby Coday	39'1"	2015
Logan Kampschnieder	167'6"	2013	<b>Discus</b>	<b>Erin Prusa</b>	<b>137'9"</b>	<b>2019</b>
Casey Wisnieski	16.27	2014	<b>110 / 100 HH</b>	KC Heimann	15.7	2013
Casey Wisnieski	43.8	2014	<b>300 IH / LH</b>	KC Heimann	48.8	2013
Luke Renter	10.9	2016	<b>100</b>	Elizabeth Sindelar	12.5	2014
Luke Rocheford	23.59	2018	<b>200</b>	Elizabeth Sindelar	25.9	2014
Brady Brester	52.8	2013	<b>400</b>	Sam Brester	61.83 / 61.7	2015
<b>Josh Brester</b>	<b>2:08.20</b>	<b>2019</b>	<b>800</b>	Sam Brester	2:29.82	2015
Austin Steffensmeier	5:11.0	2018	<b>1600</b>	Sam Brester	6:04.8	2015
Dax VanLengen	11:59.5	2015	<b>3200</b>	<b>Lilly Praest</b>	<b>14:04.4</b>	<b>2019</b>
Jordon Brichacek	44.7	2016	<b>4 X 100</b>	Jill Rocheford	52.9	2014
Tyler Polacek				Morgan Baumert		
Gavin Hays				Sam Brester		
Luke Renter				Elizabeth Sindelar		
<b>Josh Brester</b>	<b>3:46.56</b>	<b>2019</b>	<b>4 X 400</b>	Haley Eikmeier	4:13.50	2016
<b>Darrin Pokorny</b>				Kalli Brester		
<b>Mitch Yosten</b>				Tessa Brester		
<b>RJ Bayer</b>				Sam Brester		
<b>Josh Brester</b>	<b>8:58.63</b>	<b>2019</b>	<b>4 X 800</b>	Haley Eikmeier	10:10.61	2017
<b>Darrin Pokorny</b>				Jessi Brester		
<b>Blake Sindelar</b>				Tessa Brester		
<b>Austin Steffensmeier</b>				Sam Brester		
			<b>INDOOR</b>			
Luke Renter	6.89	2016	<b>55</b>	Elizabeth Sindelar	7.67	2015
Casey Wisnieski	8.93	2014	<b>55 HH</b>	KC Heimann	9.29	2013
Tyler Polacek	80.36	2016	<b>4 X 160 Relay</b>	Morgan Baumert	1:32.35	2015
Jordon Brichacek				Kalli Brester		
Tyler Brichacek				Tessa Brester		
Luke Renter				Elizabeth Sindelar		