

## **EHC Track & Field**

### **SCHEDULE OF FIELD EVENTS**

#### **SATURDAY @ 9:00 AM**

BOYS SHOT PUT, BOYS LONG JUMP, BOYS POLE VAULT  
GIRLS DISCUS, GIRLS HIGH JUMP, GIRLS TRIPLE JUMP

#### **SATURDAY @ 10:30 AM**

GIRLS SHOT PUT, GIRLS LONG JUMP, GIRLS POLE VAULT  
BOYS DISCUS, BOYS HIGH JUMP, BOYS TRIPLE JUMP

### **SCHEDULE OF RUNNING EVENTS**

#### **(12:00 PM PRELIMS)**

3200 M RELAY (FINAL)  
100/110 M HIGH HURDLES  
100 M DASH  
400 M DASH (FINAL)  
3200 M RUN (FINAL)  
200 M DASH

#### **(INTERMISSION/BREAK)**

**(Approx. 3:00 PM FINALS – 20 MINUTES AFTER LAST PRELIM)**

100/110 M HIGH HURDLES  
100 M DASH  
800 M RUN  
300 LOW/INTERMEDIATE HURDLES  
200 M DASH  
1600 M RUN  
400 M RELAY  
1600 M RELAY