

SCHEDULE OF EVENTS

FIELD EVENTS:

3:00P.M. All field events (except high jump and vault) will consist of three (3) attempts in the prelims with the top eight (8) reporting to finals. Athletes should remain near the event so that finals may be run immediately following the prelims.

****We may need some assistance running field events from coaches of visiting schools. Wakefield will try to have them all covered, but just so you are aware. Thanks!**

BOYS & GIRLS LONG JUMP

BOYS DISCUS- followed by girls

BOYS HIGH JUMP- followed by girls

GIRLS SHOT PUT- followed by boys

GIRLS & BOYS TRIPLE JUMP- following the finish of long jump

GIRLS POLE VAULT- followed by boys

SCHEDULE OF RUNNING EVENTS

5:30 **3200 RELAY FINALS**
100 INTERMEDIATE HURDLES PRELIMS- GIRLS
110 M HIGH HURDLES PRELIMS- BOYS
100 M DASH PRELIMS
400 M RUN
3200 M RUN
200 M DASH PRELIMS

A short break may be taken to set hurdles, etc. depending on weather conditions

100 M HIGH HURDLES FINALS- GIRLS
110 M HIGH HURDLES FINALS- BOYS
100 M DASH FINALS
800 M RUN
300 M LOW HURDLES- GIRLS
300 M INTERMEDIATE HURDLES- BOYS
200 M DASH
1600 M RUN
THROWS 400 M RELAY (WILL HEAT AT START LINE)
400 M RELAY
1600 M RELAY