

Wellness Committee

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Questions

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[Howells-Dodge Consolidated](#)



Howells-Dodge Consolidated Triennial Wellness Results

1. Policy Compliance Results

Areas of Strength: 1. Great participation in our school breakfast and lunch program.

2. Policy includes all requirements.

3. Focus on our Wellness Policy

Opportunities for Improvement 1. Promotion of healthier snacks

2. Improvement of communication to our families and communities.

3. Review and analyze the progress of the wellness goals.

2. Wellness Goals

- Classroom Curriculum, It is incorporated in our nutrition and wellness in the classroom. School lunch menu is also published monthly on the website.
- Physical education incorporates a curriculum in regards to physical activity, lifestyle habits, and healthy living. Students have the opportunity to participate and are encouraged to promote physical activity and healthy lifestyle habits.
- Students are given ample time to eat the meals provided by the school district.
- School allows for staff wellness activities and opens to the community as well.

Please provide your school's information in the space provided below.

| | |
|--|----------------------------|
| School Name | Howells-Dodge Consolidated |
| Agreement Number (6 digits, no dashes) | 190070 |
| School Wellness Policy Contact Name | Mark Ernst |
| School Wellness Policy Contact Email | mernst@hdcjags.org |

The policy identifies one or more school district and/or official(s) who have the authority and responsibility for ensuring that each school complies with the policy.

Rating

The policy includes language inviting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, review and update of the SWP.

Rating

The policy includes language describing the methods for informing the public (including parents, students, and other in the community) about the SWP, and updates this information on an annual basis.

Rating

The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public:

- the extent to which the school(s) comply with SWP;
- the extent to which the SWP compares to model local school wellness policies;
- the progress made in attaining the goals of the SWP

Rating

The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with federal regulations for school meals and the Smart Snacks in School nutrition standards.

Rating

The policy includes standards for foods and beverages provided, but not sold, to students during the school day (e.g. in classroom parties or classroom snacks brought by parents).

Rating

The policy includes specific goals for nutrition education and promotion activities.

Rating

The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.

Rating

The policy includes specific goals for physical activity opportunities.

Rating

The policy includes specific goals for other school-based activities that promote student wellness.

Rating

Thank you for completing the SWP triennial assessment.
Your assessment has been recorded and no further action is needed at this time.

3. Next Steps

Find news ways to communicate and promote wellness. Work to strength wellness program and opportunities.