



**WEST POINT-BEEMER INVITATIONAL
 “SNOWMELT” TRACK MEET
 Tuesday, March 31, 2026**



FIELD EVENT TIME SCHEDULE

12:30 PM

Boys: Shot Put
 Long Jump
 Pole Vault

Girls: High Jump
 Long Jump
 Discus

Followed by

1:45 PM

Discus
 High Jump
 Triple Jump

Pole Vault
 Shot Put
 Triple Jump

RUNNING EVENTS TIME SCHEDULE

ALL TIMES ARE APPROXIMATE

Prelims:

3:00	3200 Meter Relay, FINALS	Girls
3:15	3200 Meter Relay, FINALS	Boys
3:30	100 Meter High Hurdles	Girls
3:35	110 Meter High Hurdles	Boys
3:40	100 Meter Dash	Girls
3:45	100 Meter Dash	Boys
3:50	400 Meter Dash, FINALS	Girls
4:00	400 Meter Dash, FINALS	Boys
4:10	3200 Meter Run, FINALS	Girls
4:25	3200 Meter Run, FINALS	Boys
4:40	200 Meter Dash	Girls
4:50	200 Meter Dash	Boys

FINALS:

5:15	100 Meter High Hurdles	Girls
5:20	110 Meter High Hurdles	Boys
5:25	100 Meter Dash	Girls
5:30	100 Meter Dash	Boys
5:35	800 Meter Run	Girls
5:45	800 Meter Run	Boys
5:55	300 Meter Low Hurdles	Girls
6:05	300 Meter Intermediate Hurdles	Boys
6:15	200 Meter Dash	Girls
6:20	200 Meter Dash	Boys
6:25	1600 Meter Run	Girls
6:35	1600 Meter Run	Boys
6:45	400 Meter Relay	Girls
6:50	400 Meter Relay	Boys
6:55	1600 Meter Relay	Girls
7:05	1600 Meter Relay	Boys

First place in each heat will qualify for the finals in the 100, 200, 100 Lows, and 110 Highs. The remaining lanes will be filled according to times.